
Please answer the following questions thoughtfully.

1. What 3 adjectives would **others/you** use to describe yourself? Explain each of them or share an example
2. What are your significant talents and strengths (academic and/or extracurricular)? List the accomplishment of which you are most proud. How would you say this accomplishment has affected your life (academic and/or extracurricular)?
3. How have you grown during your time here Fremd High School? What do you want to be remembered for?
4. What do you feel you can contribute both academically and socially to the college you attend?
5. What is your potential major? What are your potential career goals and broader goals? What made you choose this path? Have you had any preparation for this career path (ie. Internships, volunteering, etc.)?
6. Is your high school academic record an accurate measure of your ability, motivation, and potential? What circumstances, if any, have interfered with your academic performance (i.e. travel, personal loss, life-altering event, etc.)?
7. Describe a challenge or setback you have faced in your life and the skills you used to deal with it. Be sure to include what you have learned about yourself and others as a result of this challenge.
8. How you have demonstrated leadership, adaptability, and the ability to compromise? Give examples.
9. Optional: As bizarre as it seems, all A's, AP do not guarantee students admission to the most selective schools. Please write about things which would help to differentiate you from other students. What makes you unique? What gifts distinguish you?
10. For teacher recommendations: What unit, project, lab, paper, etc. made an impact on you or that you have strong memories about?
11. Anything else you think we should know about you?

Information about yourself:

GPA: _____ Weighted Or Unweighted (Bold whichever is higher)

ACT score: _____ **SAT score:** _____ (if applicable)

As you type in your information, the boxes will expand to allow you to write more details in the last column.

		Year(s) in School	Explain involvement and/or leadership experience
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